

# Thornlea SS

**Principal: Joe Foti**

**Vice-Principal: Kim Tavares**

**Vice-Principal: Barb Caravella**

**April 22, 2016**



# Health & Wellness

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## MESSAGE FROM THE PRINCIPAL

Dear Families and Community Members:

We hope that you have enjoyed some quality time with friends and family during the many significant faith days over the past couple of weeks. I know that everyone is celebrating the sunshine and warmth that spring has finally brought to our frozen landscape.

This past month the Drama Department students put on the annual S.O.A.P 20 festival. I hope you were able to see it as each year it somehow manages to outdo the year before. The students were outstanding in their roles as directors, actors, technicians and crew.

Our first ever Health and Wellness day was a wonderful success! Students had a great time engaging in activities that promoted healthy living and mindfulness.

The school is hard at work to prepare for our annual Fundraiser and School fair, Thornstock, which will happen on May 26<sup>th</sup> in order to raise money to support children affected by the Syrian Refugee Crisis. We held an assembly for the student body last week and visits to classrooms are happening next week in order to raise further awareness about the impact of the crisis on families, schooling and mental health. We hope you will support us in this worthwhile endeavor.

Students will receive their midterm report cards on Tuesday, April 26th. We encourage you to contact teachers if there are any questions about the report cards.

TSAC will be hosting a movie night on April 28<sup>th</sup>. Please encourage your child to attend as it will be a fun time for students to get together and relax after the work of mid-terms.

Enjoy the sunshine and celebrate the wonderful students. We are proud of all our scholars, leaders, athletes, performers and entrepreneurs.

Warmest Regards,  
Joe Foti

## Thornlea edges York police in charity hoops



The Thunder Rally School Spirit Day was capped off with a Charity Basketball Game April 11.

The Thornlea Boys Basketball All- Stars vs. the York Region Police Basketball Travelling Team squared off in front of a packed house of over 300 spirited Thornlea students.

All proceeds at the gate went to our Thornstock for Syrian Outreach fundraiser. With money still coming in, the game raised over \$700.

The game was exciting from beginning to end. Thornlea won in overtime 73-72.

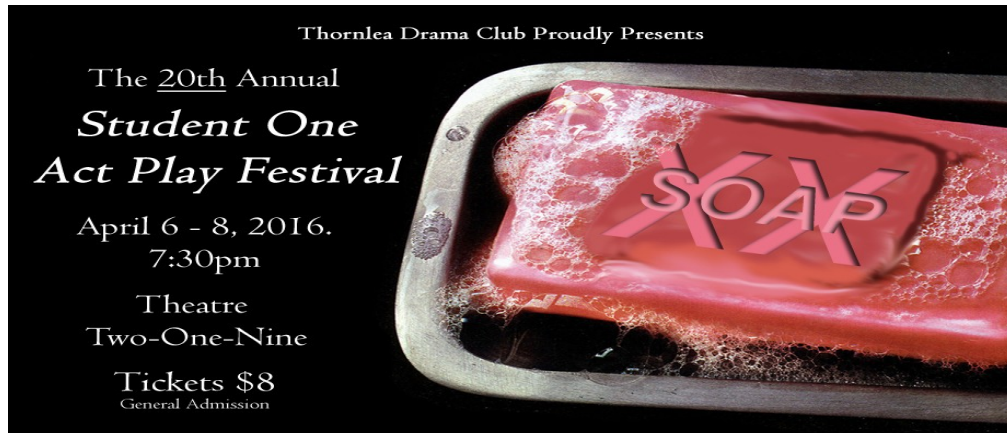
Cashius McNeilly made two free throws with 2.4 seconds left in regulation time to put the game into OT.

With 1.4 seconds left in overtime Thornlea was leading 73-72, when Cashius blocked the last shot attempt under their basket to seal the win. High scorers for the York Region Police were Jason Jordan with 20 and Shaun Carter with 20. The Thornlea players presented them with Thornlea Purple Golf Shirts to show their appreciation and respect. Cashius McNeilly scored 12 and Drachir McIntosh scored 11.

Thornlea Secondary School Principal Joe Foti said after the game, the event was about fostering positive partnerships within the community.

"The players had fun, the students had fun, and even though they lost, I know the officers had fun, too," Foti said.

"It was for a great cause, the Syrian crisis is a concern for our learning community and the Thornlea Students wanted to show their support. Our Student Association Council has been working very hard to raise awareness and funds for this cause. I am very proud of the spirit, leadership and global citizenship that our students have shown this year."



Every year for the past two decades, Thornlea has produced a night of short plays dedicated to students' love for theatre, called the *Student One Act Play festival*. Or *SOAP* for short, if you want to sound 'in the know.' For 20 years, students have cast, directed, acted, done lights, sound, and sets, and in some cases written, short plays for a full night of theatre.

Some of these students don't even take drama as a regular course. For some, this is the first extra-curricular they have ever done. It's the only show that staff members literally get in on the act. Needless to say, the show is wildly popular.

If you missed the anniversary edition this year, fear not--we'll be back again next year with *SOAP 21!*

Sean Stone  
Head of Drama











### ***Hello all from the Guidance Department***

A reminder that the Guidance Team this year consists of Mr. Paul Stephenson (Counselor/Student Success), Ms. Andrea Tse (Counselor & Head of ESL), Ms. Joan Walker (Counselor & SHSM Coordinator),

Mr. Nizam Alkins, Head of Guidance (Counselor) and Ms. Gail Burdett (Guidance Secretary).

The Ontario University Application Centre (OUAC) deadline has now passed. Currently over 130 Thornlea students have applied. We wish them all the best and will continue to answer their questions on the University selection process. The next marks transmission for OUAC will be on **April 28<sup>th</sup>**.

Guidance will continue to monitor and support the College application process. Currently, over 40 Thornlea students have applied. No Pin Codes are distributed for College Applications; students will create their own on-line at [www.ontariocolleges.ca](http://www.ontariocolleges.ca).

Please note that the “equal consideration” deadline has passed (Feb. 1<sup>st</sup>), but students can still apply. The next marks transmission for OCAS will be on **April 25<sup>th</sup>**.

As for Scholarship information, please make an appointment to see Ms. Stephenson in the Guidance office.

Two great websites to find out more information on scholarships are:

<http://www.studentawards.com/>

<http://www.electronicinfo.ca/en/page.php?id=21>

#### **Important Notice for all grade 12's that have applied to OUAC for university!**

**Your grades from semester one have been processed by OUAC and sent to the Universities to which you have applied. Please log on to your online application in order to review your academic information. This verification is especially important if OUAC does not have a valid email address on file, or you are not able to receive emails from OUAC/your Universities because of a junk-mail setting with you inbox. If you see an error in your OUAC file, it is very important that you contact your Guidance Counselor as soon as possible to have it corrected.**

#### **Important Notice for all grade 12's that have applied to OCAS for college!**

**Your mid-term grades from semester two will be processed by OCAS and sent to the Colleges on April 25<sup>th</sup>. Please log on to your online application on April 26<sup>th</sup>, in order to review your academic information. This verification is especially important if OCAS does not have a valid email address on file, or you are not able to receive emails from OCAS/your Colleges because of a junk-mail setting with you inbox. If you see an error in your OCAS file, it is very important that you contact your Guidance Counselor as soon as possible to have it corrected.**

College and University Spring Open Houses are a popular way for prospective students to visit various Post-Secondary Institutions and evaluate them prior to applying and/or choosing. It is never too early to begin the search. The Guidance Department encourages all students, especially in grades 11 and 12 to attend the open house program of any potential future University/College. Please visit the University/College website to confirm Open House schedules. Spaces can be limited.

Special Announcement:

**Attention Grade 12 students, you may request Part-Time Status started on Monday April 11<sup>th</sup>. Please come to the guidance office to pick up a drop request form. This form must be completed and handed in by Thursday April 21<sup>st</sup> 3:00 PM. The Full Disclosure date is Wednesday May 4<sup>th</sup>.**



## Commencement for the Class of 2016

Thornlea's *Class of 2016* is getting ready to graduate. Please attend our 48<sup>th</sup> graduation ceremony on **June 29<sup>th</sup>, 2016** to celebrate your graduate's achievement! **The ceremony will be held at Thornlea S.S.** The ceremony begins at 7:00 p.m., but all graduates need to be at the hall by **6:00 p.m.** Refreshments will be served.

Each year the graduating class of Thornlea Secondary School selects a graduating student to give the **Valedictorian** address at the Graduation ceremony. The students' choice of Valedictorian should be someone who can be counted upon to skillfully articulate to parents and students a "snapshot" of your years at Thornlea. The Valedictorian should be someone who exemplifies the character traits of responsibility, respect, honesty, empathy, fairness, initiative, courage, integrity, perseverance and optimism; who has demonstrated commitment to student life through active involvement in a variety of school activities and has contributed in a positive way to Thornlea. Art Murch was the first principal of Thornlea. When he retired in 1976, the staff set up a trust in his name. From the trust, The **Art Murch Award**, a monetary award is given annually to the graduating student who has a high academic standing, is very active in school life, and is highly regarded by his/her peers and teachers. The recipient should best exemplify the motto "Think and Be Thought Of". The winner is revealed at commencement.

**Valedictorian Candidates** and **Art Murch Candidates** may be nominated by their peers on a form available in the Guidance office. The completed nomination form must be returned, by the nominee, to Guidance by 12:30 pm Tuesday May 10, 2016. Voting will take place on Tuesday, May 17, 2016. If you do not have a homeroom, voting will then take place during your lunch in the Guidance office on Tuesday, May 17, the same day. **Graduating Students must show their Thornlea student card to receive a ballot.**

We would also like to remind students that there is a new process in place for Community Service Hours (CSH). All students must complete 40 community hours to obtain their Ontario Secondary School Diploma. The Guidance department must approve your community service opportunity before you start your hours. Please see your counselor for a CSH sheet and pre-approval. **Finally, a reminder to all grade 12 students; that they should hand in their community service hours as soon as possible. It is highly recommended that this be completed before the April 28/25 OUAC/OCAS transmission.**

For more information on volunteer opportunities, please come down to the Guidance Office and pick up a Community Service Hours form and please take a look at our "**Volunteer Bulletin Board**" for current opportunities to fulfill this Ministry of Education requirement.

## Summer School Registration Information

The York Region District School Board will once again be offering acceleration and credit reinforcement courses during the summer. The 2016 summer school sites are as follows:

Keswick H.S.  
 Langstaff S.S.  
 Markham D.H.S.  
 Middlefield C.I.  
 Richmond Green S.S.  
 Sir William Mulock S.S.  
 Stephen Lewis S.S.  
 Pierre Elliott Trudeau

**Acceleration Courses** (for those who wish to take a new course or upgrade a previous mark) will run from July 4 to July 29, 2016.

**Credit Recovery Reinforcement Courses** (for those who have not been successful in gaining the credit AND have received the recommendation of the home school administration) will run for two sessions. Session 1 will run from July 4 to July 15, 2016. Session 2 will run from July 18 to July 29, 2016. All classes start at 9:00 a.m. and finish at 3:19 p.m.

**YRDSB students** must register online using Career Cruising (same as regular course selection) by going to their own course planner and clicking on the **Con Ed** tab. Please see your Guidance Counsellor if you require some assistance. Registration opens on **Monday April 4, 2016**

Also, if you are a grade 11 or 12 student and would like to apply for the 2-credit summer school Co-op session, please come to the Guidance Office for an application.

**Attention all ESL students**, if you are interested in taking ESLB, ESLC, ESLD, ELSE for CREDIT this summer with the YRDSB. Please come to the guidance office for details.

Follow us on Twitter: [http://twitter.com/thornlea\\_ss](http://twitter.com/thornlea_ss)

In celebration of

## Asian/South Asian Heritage Month



**Please Join Us!**

**6:00-7:00 p.m.**  
Community Partner  
Information Displays

*Light Dinner*

**7:00-7:15 p.m.**  
*Welcome and Introductions*

**7:15 -8:30 p.m.**  
Parent Workshop  
*Supporting your child's  
wellness*

**Student Workshops  
(Grades 7-12)**  
*Embracing your social  
identity and wellness matters*

**Student Workshops  
(Grades JK-6)**  
*Interactive Cultural Activities*

### SAVE THE DATE!

**Inclusive School & Community Services**

**Is hosting a**

### Wellness Evening for Parents & Students

**What? FREE** event for Parents/Caregivers and  
students in our school communities.

**When? Monday May 16, 2016**

**6:00 p.m. - 8:30 p.m.**

**Where? Middlefield Collegiate  
525 High Glen Ave, Markham L3S 3L5**

*This event is made possible through a collaborative partnership with  
Inclusive School & Community Services,  
York Region District School Board, and Social Services Network*

For further information please contact the planning committee at Inclusive School and Community Services, YRDSB

Teacher Liaisons : 905-884-2046

Ayesha Syed : [ayesha.syed@yrdsb.ca](mailto:ayesha.syed@yrdsb.ca) or ext 271

Pirasanya Gnanasuntharam: [pirasanya.gnanasuntharam@yrdsb.ca](mailto:pirasanya.gnanasuntharam@yrdsb.ca) or ext 270

Erica Shin: [erica.shin@yrdsb.ca](mailto:erica.shin@yrdsb.ca) or ext 269

Cathy Ng: [cathy.ng@yrdsb.ca](mailto:cathy.ng@yrdsb.ca) or ext 267

Community Resource Facilitators

Yasmin Mawani, 905-940-8400 ext 122

[yasmin.mawani@yrdsb.ca](mailto:yasmin.mawani@yrdsb.ca)

Oksana Majaski, 905-738-5497 ext 213

[oksana.majaski@yrdsb.ca](mailto:oksana.majaski@yrdsb.ca)





To celebrate *Children's Mental Health Week*, The York Centre for Children, Youth & Families is hosting a *Coffee & Conversation Series* of workshops for interested parents and other community members. The workshops are free of charge, but you *do* need to register in advance for each workshop you would like to attend. The format of the evenings will be structured, but informal. Each evening will include a presentation, discussion, coffee, and goodies, not necessarily in that order!

**Place:** The York Centre for Children, Youth & Families  
11225 Leslie Street, Richmond Hill (Elgin Mills & Leslie)

**Phone:** 905-737-8927  
**Email:** [info@theyorkcentre.ca](mailto:info@theyorkcentre.ca)

**\*\*\*TO REGISTER**, please go online to the Eventbrite website using the link listed below for each topic title. Choose **ONLY ONE** workshop for each evening \*\*\*

**Monday, May 2, 2016: 6:30pm – 8:00pm**

**Be Cyber-Smart!**  
<http://becybersmart.eventbrite.ca>

**Presenter:** Bruce Johnson, CYW  
The York Centre

**Parenting Your Anxious Child: Part 1**  
<http://pacpart1.eventbrite.ca>

**Presenter:** Jennifer Scott, SSW  
The York Centre

**Tuesday, May 3, 2016: 6:30pm – 8:00pm**

**Parenting Your Anxious Child: Part 2**  
<http://pacpart2.eventbrite.ca>

**Presenter:** Jennifer Scott, SSW  
The York Centre

**A Solution Focused Approach to Parenting**  
<http://solutionfocusedparenting.eventbrite.ca>

**Presenter:** Natasha Wakefield, RP  
The York Centre

**Wednesday, May 4, 2016: 6:30pm – 8:00pm**

**Mindfulness & Self-Care**  
<http://mindfulnessandselfcare.eventbrite.ca>

**Presenter:** Sheri Van Dijk, M.S.W., R.S.W.  
Psychotherapist & Author

**Parenting & Understanding The Adolescent Brain**  
<http://parentingandtheadolescentbrain.eventbrite.ca>

**Presenter:** Abner Lico, M.Ed., RP  
COMPASS, The York Centre

**Thursday, May 5, 2016: 6:30pm – 9:30pm**

**safeTALK Training**  
<http://safetalkvc.eventbrite.ca>

**Presenter:** Michelle Cassidy  
Mental Health Lead, YRDSB

**Thursday, May 5, 2016: 6:30pm – 8:30pm**

**Intro. to Autism & Accessing Funding Resources**  
[A Kerry's Place Group Learning Session (GLS)]  
<http://introtoasandfunding.eventbrite.ca>

**Presenter:** Michael Morris B.A., B.Ed. OCT  
ASD Consultant, Kerry's Place

Workshop Descriptions on reverse side.

*Presented by UHS School Council*

# Supporting your child's MENTAL HEALTH

**Expert Guest Speaker**  
**Michelle Cassidy**



Mental health is an important component of well-being. How can parents promote positive mental health in teens?

A collaborative approach is essential and families and schools working together to support youth mental health is ideal. Understanding how to respond in times of stress is critically important.

Join us for this session to learn more.

**Wednesday, April 20, 2016 @ 6:30 p.m.**

**Unionville High School**

**201 Town Centre Boulevard, Markham**

**Reserve your seat and RSVP to:**

**<http://goo.gl/forms/lnW9v0t7OB>**



***Richmond Hill High School presents...***



## **Fostering Positive Peer Relationships**

*An information evening for parents  
with special presenter Sara Dimerman,  
Psychologist and Director of the Parent  
Education and Resource Centre*

What is positive peer interaction? (face-to-face and online)  
What can you do if your teen seems unable to maintain positive  
peer relationships or allows others to treat them poorly?  
Should you intervene and how?  
What are the benefits of positive peer interactions and  
consequences of negative peer interactions?  
How can parents, teens and schools work together to promote  
positive peer interactions?



**Wednesday May 4, 2016  
7:00 - 8:30 pm  
201 Yorkland Street, Richmond Hill**

**Save a seat and RSVP to:  
<http://goo.gl/forms/ykuH8cJV4b>**



## Communicating with Your Adolescent Children

进入青春期孩子的世界



Guest Speaker 特邀主讲嘉宾: **Christine Chow, M.S.W., R.S.W.** 注册社工

Topics include 中文讲座话题包括:

- How to talk to your teenager children 怎样跟你的青春期孩子沟通
- How to manage children's computer/internet/game time 如何管理孩子上网/游戏时间
- How to help children manage emotion 如何帮助孩子管理他们的情绪

Time: Monday, April 25, 4-6pm 4月25号周一下午4-6点

Location: Community Education Centre - Central, 317 Centre Street East  
Richmond Hill, ON L4C 1B3

For more information contact:

YRDSB Teacher Liaison Cathy Ng [cathy.ng@yrdsb.ca](mailto:cathy.ng@yrdsb.ca)

SEPYR School Settlement Worker Pauline Guo at 416-666-2929 or [pguo@ccsyr.org](mailto:pguo@ccsyr.org)



## POMONA MILLS PARK

## CONSERVATIONISTS



You're invited!

## Community Clean Up

Sunday, May 1, 2016

10:00am-12:00pm, Pomona Mills Park

• East side of Henderson Avenue and Forest Park Crescent.

## Community Planting

Saturday, May 7, 2016

10:00am-12:00pm

• Shrub Planting, enter park from west side of Henderson Avenue and Forest Park Crescent. Bring your gardening gloves and shovel.

- Rain or Shine
- Everyone is welcome
- Students can earn volunteer hours
- Refreshments will be provided by *Tim Hortons*.
- Bags will be provided
- Zero waste event

For more information call:

Naadia Ahsan:

tel: (647) 389-1339

naadia.ahsan@gmail.com

Councillor Valerie Burke:

tel: (905) 479-7747

[www.thornhillwardone.com](http://www.thornhillwardone.com)



Find us on Facebook



100% Recycled Paper



**In Support of Children's Mental Health Week May 2-6, 2016**  
**Blue Hills Child & Family Centre is Proud to Present:**

**Bringing Your Family into Focus:  
 Supporting Children with  
 Attentional Challenges**



Being a parent can be the most rewarding and challenging job many adults will have in their lifetime. Most parents want to raise children to be happy, independent and successful but worry that mental health struggles may get in the way. The goal of this workshop is to provide valuable information to support caregivers of children and adolescents who experience challenges with focusing attention and managing impulsivity.

Topics will include:

- Understanding attentional problems
- Understanding how the brain comes into play
- Discovering family strengths and resources
- Coping strategies for caregivers
- School based strategies for success

**DATE: WEDNESDAY MAY 4<sup>TH</sup>, 2016      TIME: 6:30 - 8:45 P.M.**

**LOCATION: Blue Hills' Gym- 402 Bloomington Rd, Aurora Ontario**

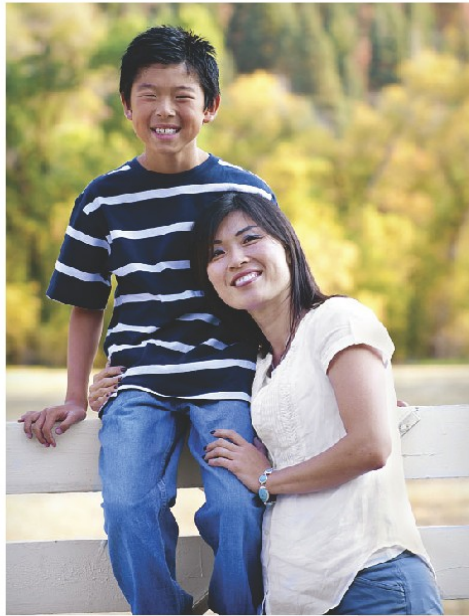
Light dinner and registration to begin at 6:00pm.

Registration will be capped at 40 participants.

Please call 905-773-4323 ext. 300 to register.

**ADMISSION IS FREE**





## RAISING AN **AMAZING** TEEN



### Do you have a teen between the ages of 12 and 17?

If your answer is yes, then this program is for you. In this program, you will understand the challenges that affect your teen and how to help him or her deal with those challenges. You will also learn how to improve your relationship and communication with your teen.

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Languages: English and Cantonese  
 Date: Every Thursday, from May 26 to June 30  
 Time: 7:00 to 9:00 p.m.  
 Location: Metro Square Mall,  
 3636 Steeles Ave. E., Unit 213A,  
 Markham, ON

To enquire or register:  
 Daphne AuYoung: [dauyoung@hongfook.ca](mailto:dauyoung@hongfook.ca)  
 or 416-493-4242 x2272  
 Rachel Wong: [rawong@hongfook.ca](mailto:rawong@hongfook.ca)  
 or 416-493-4242 x2246





**UNLEASH YOUR  
INNER POWER!**

**HONG  
FOOK**  
PRESENTS

**AMAZING YOUTH**

---

**FOR TEENS AGED 12-17 TO DISCOVER THEIR HIDDEN POTENTIAL**

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**WANT TO KNOW HOW TO MAXIMIZE STUDY  
EFFICIENCY? USE YOUR EMOTIONS TO YOUR  
ADVANTAGE? KEEP SCHOOL STRESS AT BAY?**

**THEN COME JOIN US FOR FOOD, FUN, AND FRIENDS!**

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**COMMUNITY HOURS WILL BE PROVIDED**

**TUESDAYS 4:30 - 6:30 PM | MAY 10 - JUNE 14**  
**METRO SQUARE MALL - 3636 STEELES AVENUE E, UNIT 213 A, MARKHAM**

For more information or to register, contact:  
 Daphne Au Young:  
[dauyoung@hongfook.ca](mailto:dauyoung@hongfook.ca) | (416) 493-4242 ext. 2272  
 Rachel Wong  
[rawong@hongfook.ca](mailto:rawong@hongfook.ca) | (416) 493-4242 ext. 2246



Funded through  
The Regional Municipality of York



釋放您的潛能

康福

介紹：

# 超凡少年

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你是否住在約克區，年齡介乎12至17歲之間？

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你想學會如何充分提升學習效率、運用情緒，  
以及應付壓力嗎？  
這個課程可以幫到你！

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供應茶點，並可給予服務社區時間。名額有限，報名從速！

時間：5月10日至6月14日，逢星期二下午4點半至6點半  
地點：萬錦市大都會廣場，  
3636 STEELES AVENUE E, 213 A 室  
語言：廣東話/英語

報名：

Daphne Au Young:

dauyoung@hongfook.ca | (416) 493-4242 ext. 2272

Rachel Wong

rawong@hongfook.ca | (416) 493-4242 ext. 2246







# YOU SPEAK. WE LISTEN.



## YOUTH COUNSELLING GROUP



As a teenager, you have a lot on your plate :)

Are you between the ages of 12 to 17? Do you live in York Region? Would you like to chat with other teens about the challenges of adolescence? Learn how to manage your emotions? Improve your interpersonal relationships? Sleep better? Enjoy life to the fullest? If so, this group is for you!

**Time:** July/ August

**Language:** Cantonese/ English

**Location:** Markham

**TO ENQUIRE OR TO REGISTER, PLEASE CONTACT:**

Daphne Au Young: [dauyoung@hongfook.ca](mailto:dauyoung@hongfook.ca) or 416-493-4242 x2272

Rachel Wong: [rawong@hongfook.ca](mailto:rawong@hongfook.ca) or 416-493-4242 x2246



Funded through  
Training and Employment of Youth



### 约克区社区帮助酗酒和毒品关注者

很多人和地方对那些有酗酒和药物的关注者提供帮助。下面是一些社区服务的列表。家庭医生，宗教或精神领袖，和当地的安置机构也可能会有所帮助。

211 安大略 - 免费和保密 提供讯息给社区，社会，医疗和政府服务，每天 24 小时，每周 7 天，超过 100 多种语言。	拨打 2-1-1 <a href="http://www.211ontario.ca">www.211ontario.ca</a>
约克区成瘾服务 - 免费和保密 该机构提供基于英语的辅导。目前，没有提供口译服务。	905-841-7007 or 1-800-263-2288 <a href="http://www.aayr.ca">www.aayr.ca</a>
Al-Anon 和 Alateen 家族集团 - 免费和保密 自助团体，协助家庭和酒精成瘾的朋友。目前，只有英语组存在。	1-888-425-2666 <a href="http://www.al-anon.alateen.on.ca">www.al-anon.alateen.on.ca</a>
匿名戒酒 - 免费和保密 提供信息，转介和自助小组支持那些与饮酒成瘾者。小组可提供在英语以外的语言。	416-487-5591 <a href="http://www.toronto.org">www.toronto.org</a>
加拿大心理健康协会 - 免费和保密 有助于心理健康问题的人。一些工作人员会讲英语以外的语言和口译服务可应要求提供。	905-853-5700 <a href="http://www.camh-yr.on.ca">www.camh-yr.on.ca</a>
明爱项目 - 成本服务和保密 帮助吸毒成瘾、心理健康问题、行为问题和家庭问题的人。只提供英语服务。	416-748-9988 1-800-201-6138 <a href="http://www.caritas.ca">www.caritas.ca</a>
戒瘾与心理健康中心 - 可访问 CAMH 提供一系列的临床方案，对患有精神疾病或成瘾的支持和提供康复服务。可通过电话口译服务。	416-535-8501, press 2 <a href="http://www.camh.ca">www.camh.ca</a>
安大略省的中国家庭服务 - 免费和保密 辅导成瘾和他们的家庭，通过个人、小组和家庭疗法。可享受广东话，普通话，上海话和英语服务。	416-979-8299 <a href="http://www.chinese-family.com">www.chinese-family.com</a>
沃恩社区健康中心 - 免费和保密 提供居住在沃恩的市民，有关心理健康和成瘾问题的方案和服务。提供英语以外的语言服务。	905-303-8490 <a href="http://www.willoughbyhealthcentre.com">www.willoughbyhealthcentre.com</a>
康奈尔克斯 (Connex) 安大略求助热线 - 免费和保密 提供三种求助热线为毒品或酗酒，精神疾病或赌博有问题的人。求助热线每星期 7 天，每天 24 小时。口译服务也供应。	药物和酒精 1-800-565-8603, <a href="http://www.dast.on.ca">www.dast.on.ca</a> 心理卫生 1-866-531-2600, <a href="http://www.mhsio.on.ca">www.mhsio.on.ca</a>
Good2Talk: 安省专上学生热线 - 免费和保密 电话咨询，信息和转介服务。提供英语或法语辅导，每周 7 天，每天 24 小时。	1-866-925-5454 <a href="http://www.good2talk.ca/">http://www.good2talk.ca/</a>
医院 注：安大略省海岸中心精神卫生学（安大略省海岸）对那些生活在复杂和严重的精神疾病人士提供评估和治疗服务。约克区社区诊所位于 615 Davis Drive, Unit 201, 在新市场 (Newmarket)。提供口译服务。	万锦市 Stouffville 905-472-7000 McKenzie 健康 905-883-1212 安大略省海岸 905-895-4242 Southlake 905-895-4521
约翰·霍华德协会 (John Howard Society) - 免费和保密 提供有效、公正和人道应对犯罪和其原因，包括成瘾。有个人和团体辅导及转介服务。口译服务可根据要求提供。	905-895-9943 <a href="http://www.johnhoward.on.ca/yorkregion">www.johnhoward.on.ca/yorkregion</a>
儿童求助热线 - 免费和保密 为那些 20 岁或以下青少年们提供英语或法语电话和网络辅导服务。每天 24 小时，每周 7 天。	1-800-668-6868 <a href="http://www.kidslinephone.ca">www.kidslinephone.ca</a>

## CALENDAR OF EVENTS

April 21-29	Paris/Nice/Monaco Trip
April 22	Health & Wellness
April 22	Campaign Week
April 26	Mid-Term Reports Home
April 27	Election Speeches Assembly
April 28	TSAC Movie Night
May 4	Full disclosure
May 5	MADD Assembly Gr. 12's
May 6	PA Day
May 6	SAC Car Wash
May 9-13	Outdoor Ed Trip
May 11	Spring Concert
May 11-13	Outdoor Ed Trip
May 16	School Council Mtg 7:15pm
May 19	Prom
May 23	Victoria Day
May 26	Thornstock
May 27	Thornstock Rain Date
June 3 <b>**ADDITIONAL DATE**</b>	PA Day
June 7-10	Drama Show
June 14-15	EQAO Math Gr. 9 Sem 2
June 22-27	EXAMS
June 28	EXAM Review Day
	Schedule to follow end of May
June 29	PA Day
June 29	Graduation @Thornlea GYM
June 30	PA Day